

Primary Teacher Guide – July 2019



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# Letting Our Light Shine

## Get Excited!

***Below are the instructions for the warm-up activity – Do the taste test.***

You will need salted and unsalted snacks like crackers or chips for this activity. You will also need a flashlight and coffee filter or thin piece of fabric.

Begin by allowing the children to taste an unsalted snack. Then have them taste a salted snack. Ask which taste they like better (salted or unsalted). Explain to them that salt helps something to taste better. When we accept Jesus in our hearts, he expects us to be like salt and make the world a better place. We do this when we love one another and obey God's rules.

Use a flashlight and coffee filter to demonstrate Jesus shining through us. Turn the flashlight on and place the coffee filter over it. Tell the children the flashlight represents Jesus and we are like the coffee filter. Jesus is the light of the world and his light shines through us.

## Scripture Summary

Jesus is the light of the world. He created a way for all people to be saved. Unsaved people are in darkness and cannot have salvation until the light (Jesus) touches them. Because we are Christians, we have Jesus in our hearts. His light shines through us. Others will not know that unless we let our light shine. We are also like salt, so we must preserve God's Word and use our salty flavor to reach the unsaved.

## Key Verse Exercise

***Read the verse to remember aloud.***

***You are the light of the world. (Matthew 5:14)***

Tell students to draw a picture for the circled word in the verse to remember. (The circled word is "light")

## Read and Learn!

***Read Adventures of the Faithful Five: Episode 6 aloud. Review key words.***

### **Adventures of the Faithful Five – Episode 6: The Salt and Light**

One Sunday morning, during church school, the children arrived to find that the snacks set up on the table. The Faithful Five were very excited to see the snacks because they were running late for church and didn't get to finish their breakfast. Sis. Green welcomed all the students and said, "We will be doing something fun today!"

Sis. Green asked the children to taste the chips, popcorn and pretzels that were in the bowls. Some were salted, and some were unsalted. After eating the snacks, Sis. Green asked, "Who wants to tell the class which snacks they liked best?" Everyone's hand went up. Israel said, "Sis. Green I noticed we all liked the same ones, the ones that were **tasty**." Sis. Green **chuckled**, "Yes, you all liked the snacks with salt on them."

Sis. Green read aloud the scripture from Matthew 5: 13-20 about being the salt and light. The Faithful Five learned that as Christians we are to be like the salt by making the world a better place the same way the salt added a better

taste to our snacks. Sis. Green also turned on a lamp with a bright bulb. The light from the lamp made the room brighter. Sis. Green ended the class by saying, "Jesus represents the light and that if we turn him on in our lives, he can shine through us and make things brighter in the world which has so much darkness." As the children were leaving the classroom, Israel told Sis. Green, "I definitely don't want to leave a bad taste in anyone's mouth. I'm going to let my light shine." Then the Faithful Five sang "This Little Light of Mine" on their way to the **sanctuary**.

## key words

### tasty

having a pleasant, distinct flavor

### chuckled

laugh quietly

### sanctuary

a room in which worship services are held

### Rise Up!

**Answers to questions in What Do You Think are underlined.**

We are the pepper of the Earth. True False

We are the salt of the Earth because we have Jesus in our hearts. True False

Jesus is the light of the world. True False

### **Complete the Superhero Challenge if time permits.**

Tell students the Faithful Five know every leader is not a good role model. Help them come up with a list of things that make a leader a good example to follow.

### **Below are the instructions for the Time to Create activity – Make a candle holder.**

Materials: empty baby food jar (one per student), tea candles or battery-operated tea light (one per student), rolls of streamer (in various colors), paintbrushes, small paper plates, glue, marker

Instructions: Give each student a baby food jar and a paint brush. Pour glue in small paper plates for students to share. Tell students to cover the baby food jar with glue by using their paintbrush. Tear the streamer in small pieces and stick them to the jar. Allow the candle holder to dry enough to write "Matthew 5:14" in the streamer. Place small tea candles or tea lights in the jar.

### **Close the lesson with prayer.**

Dear God, help me to let your light shine through me so that others can see Jesus and his loving kindness. In Jesus' name, Amen.

# Forgiving Others

## Get Excited!

***Below are the instructions for the warm-up activity – Watch the “Clean Heart” demonstration.***

You will need a craft foam sheet, scissors, washable markers, large bowl of soapy water and paper towels. As you cut out a heart from the craft foam sheet, say to the children: “We all make some bad choices. We may say bad things, talk back and not listen to our parents, take something that is not ours and even hurt others.” Then ask the children to share bad choices they’ve made. Write what they say on the foam heart with the washable marker.

When the heart is full, tell children bad choices are sins. We need to ask Jesus to forgive us of those sins. When we ask Jesus to forgive us, he washes our sins away and gives us a clean heart. Then demonstrate this by washing the heart in the soapy water.

## Scripture Summary

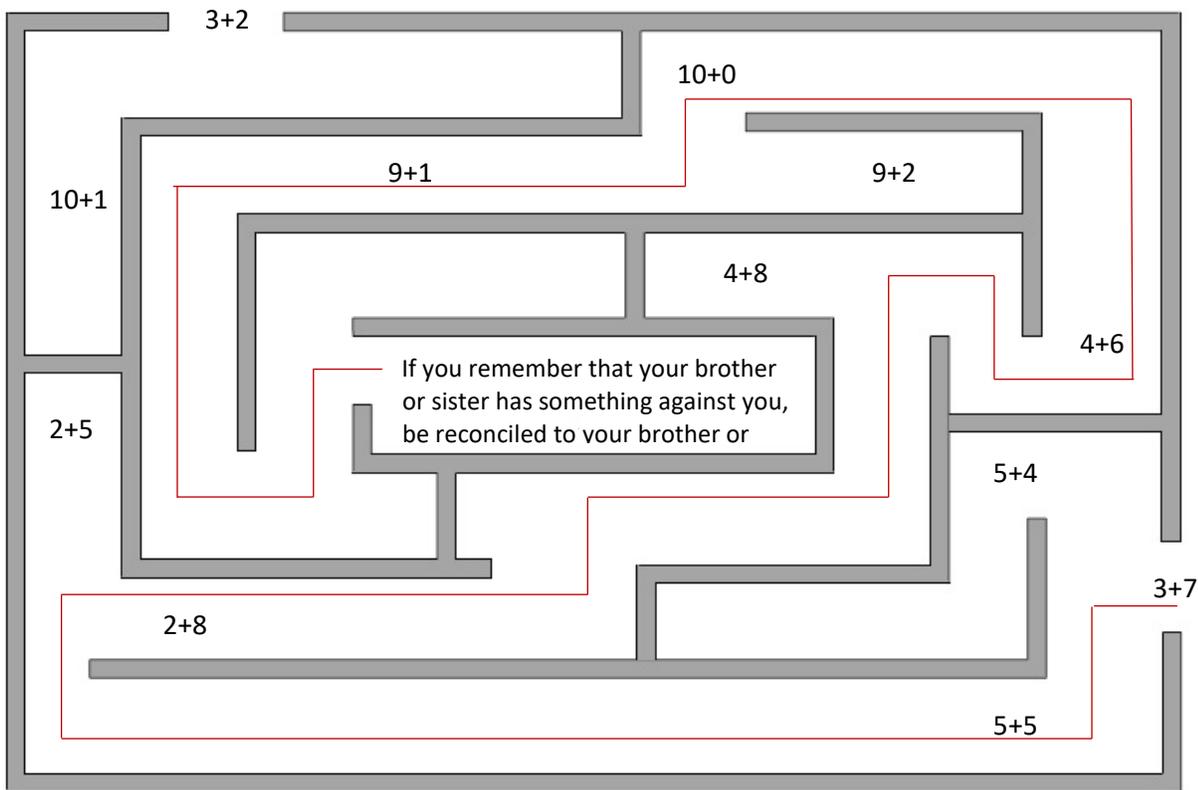
Jesus teaches us to say “I’m sorry” to anyone we have wronged and to ask for forgiveness. We must also forgive others when they do wrong because God forgives us when we do wrong.

## Key Verse Exercise

***Read the verse to remember aloud.***

***If you remember that your brother or sister has something against you, ...be reconciled to your brother or sister. (Matthew 5:23-24)***

Tell students to follow the problems that equal 10 to find way to the verse to remember.  
(Problems that equal 10: 7+3, 5+5, 2+8, 4+6, 10+0, 9+1)



**Read and Learn!**

*Read Adventures of the Faithful Five: Episode 7 aloud. Review key words.*

**Adventures of the Faithful Five – Episode 7: Please Forgive Me**

One summer day, Aaliyah and Akeem were playing in the park with a group of friends. Everyone was playing and getting along until Akeem and Aaliyah began to argue. They were arguing over which person was going to ride the swing first. “Men are supposed to show **chivalry**. Ladies first!” shouted Aaliyah as she held onto the left side of the swing. Akeem yelled back as he held onto the right side of the swing. “It’s equal rights! If you’re slow, you blow. I got here first.” Neither of them wanted to let the other get on the swing. The other children crowded around them when they began to say unkind words to each other.

The crowd got larger and closer to see and hear what was happening. Everyone was surprised the friends were arguing with each other. Aaliyah caught a **glimpse** of a Z on someone’s T-shirt. This activated her superpower. She realized the **situation** was getting out of hand. She knows she is supposed to rise above bad behavior. Aaliyah stopped the arguing and said, “I’m sorry Akeem. Please forgive me for being unkind.” Akeem accepted Aaliyah’s apology and asked for her forgiveness too. “Both of us were wrong,” he said. The two hugged each other and decided to share the swing. One would ride for 10 minutes and then the other would ride for 10 minutes. They played rock-paper-scissors to decide who would ride first.

## key words

### chivalry

very polite and kind behavior by men toward women

### glimpse

laugh quietly

### situation

the set of things that are happening

### Rise Up!

**Answers to questions in What Do You Think are underlined.**

Jesus wants us to ask for forgiveness. True False

Jesus wants us to be mean and hurtful to others. True False

God wants us to forgive others because he forgives us. True False

### Complete the Superhero Challenge if time permits.

Write each phrase in the Lord's Prayer on large flip chart paper using a different color for each phrase. Write the explanations on rectangular strips of construction paper that can be taped on top of the phrases written on the flip chart. Tell students the Faithful Five want to learn more about forgiveness. Help them by matching the correct explanation with each phrase and then pointing out the phrase on forgiveness.

Lord's Prayer Phrase	Matching Explanation
Our Father which art in heaven,	Dear God,
hallowed by thy name.	Your name is holy.
Thy kingdom come.	Put the world on the right track.
Thy will be done on earth as it is in heaven.	Do what is best in heaven on earth too.
Give us this day our daily bread.	Give us food to eat and water to drink.
<u>Forgive us our trespasses,</u>	<u>Forgive us when we do wrong</u>
<u>as we forgive those who trespass against us.</u>	<u>and keep reminding us to forgive others.</u>
Lead us not into temptation,	Don't let us give in to things that are not good for us.
but deliver us from evil,	But if we do, rescue us from the evil one
for thine is the kingdom, power and glory,	because you are in charge of everything,
forever. Amen.	Now and forever. Amen.

**Below are the instructions for the Time to Create activity – Make a “Big Hug.”**

Materials: Big Hug pattern in Appendix A, construction paper (brown and red), googly eyes, black yarn, markers, glue, scissors



Instructions: Before class, use the Big Hug pattern to cut circles from the brown construction paper and rectangles from the red construction paper. You will need one circle and one rectangle per student. During class, give each student a brown circle, a red rectangle, a full sheet of brown construction paper, and a pair of googly eyes. Ask students to trace each of their hands on the brown sheet of paper with their fingers spread apart. Cut out the hands. Glue a hand to each end of the red rectangle as shown in the picture. Glue the eyes to the brown circle and draw a nose and mouth. Students can also use black yarn for hair. Cut the yarn to the desired length and glue to the top of the brown circle. Glue the bottom of the circle to the center of the red rectangle as shown in the picture. Write “Forgiveness is like a big hug” in the middle of the red rectangle. Bring the arms together to connect the fingers.

**Close the lesson with prayer.**

Dear God, please give me the strength to make the right choices and say I am sorry when I do wrong. Help me to live a life that pleases you. In Jesus’ name, Amen.

Lesson 8 – July 21, 2019 | Matthew 5: 38-48

## Loving Our Enemies

**Get Excited!**

**Below are the instructions for the warm-up activity – Play the opposite game.**

In this game you say a word and the children will have to say the opposite. Allow the children to practice with these warm-ups.

- |                |                 |
|----------------|-----------------|
| You say: Big   | They say: Small |
| You say: Happy | They say: Sad   |
| You say: Open  | They say: Close |
| You say: Stop  | They say: Go    |
| You say: Love  | They say: Hate  |

Now tell children that it is easy to love people who show love to us. But what about people who show hate to us? Jesus wants us to love them too. When I describe a situation that does not show love, you tell me the opposite action that shows love. (Responses will vary but examples are provided below.)

You say: Someone yells at you.

They say: Speak kindly to them anyway.

You say: Someone hits you.

They say: Don't hit back. Just walk away and get a teacher/adult to help you.

You say: Someone takes something that is yours.

They say: Help them by giving what they need. Don't steal something of theirs in return.

### Scripture Summary

Christians are commanded to love everyone, even our enemies. Jesus does not want us to be mean to those who are mean to us. Jesus wants us to love and pray for our enemies. If we do this, God will reward us.

### Key Verse Exercise

*Read the verse to remember aloud.*

***Love your enemies and pray for those who persecute you. (Matthew 5:44)***

Tell students to circle the largest number in each colored pair to reveal the verse to remember.

The image contains five circular puzzles, each divided into four quadrants. The words and numbers in each quadrant are as follows:

- Circle 1:** Top-left: Dislike 15; Top-right: Love 19 (circled); Bottom-left: my 12; Bottom-right: your 17 (circled).
- Circle 2:** Top-left: enemies 14 (circled); Top-right: friends 10; Bottom-left: but 17; Bottom-right: and 19 (circled).
- Circle 3:** Top-left: tell 11; Top-right: pray 16 (circled); Bottom-left: for 18 (circled); Bottom-right: with 13.
- Circle 4:** Top-left: others 12; Top-right: those 13 (circled); Bottom-left: who 15 (circled); Bottom-right: that 11.
- Circle 5:** Top-left: persecute 20 (circled); Top-right: help 17; Bottom-left: me. 4; Bottom-right: you. 6 (circled).

## Read and Learn!

**Read *Adventures of the Faithful Five: Episode 8* aloud. Review key words.**

### **Adventures of the Faithful Five – Episode 8: Love Over Hate**

While the Faithful Five were walking to the corner store to buy some snacks one summer day, they noticed a pickup truck passing by that had a Confederate flag decal on it. They were puzzled and concerned that someone with that symbol would be in their neighborhood. The Confederate flag was a symbol of **racism**. The more they thought about it, the angrier they became.

Their pastor's house was on the route to the corner store. Aaliyah said, "There's the pastor's house. Let's see if he's home. I feel like we really need to talk to him about what we just saw." The rest of the Faithful Five agreed with Aaliyah's suggestion and knocked on the pastor's door. Rev. Green could tell the Faithful Five were upset because of the **expressions** on their faces. Before Rev. Green was able to get any words out of his mouth, Tori hugged his waist and started to cry. "Come in and tell me what's wrong," the pastor said as he tried to comfort Tori. "We just saw a person driving a truck with a Confederate flag decal. Seeing the decal made us feel angry. I really wish I could let that driver know how I feel." Rev. Green explained, "I understand how seeing that symbol of racism made you angry, but the best thing to do is to pray for the driver and ask that Jesus would send someone to help him get rid of the **hatred** in his heart." The Faithful Five didn't want to do this at first. Then they remembered Jesus wants them to love everyone, even their enemies and ones that have hatred in their hearts.

## key words

### **racism**

belief that some races are better than others

### **expression**

look on someone's face that shows an emotion

### **hatred**

strong dislike or disgust

## Rise Up!

**Answers to questions in *What Do You Think* are underlined.**

We should love only those who are kind to us. True False

Hit someone who hits you. True False

Jesus tells us to forgive our enemies. True False

**Complete the Superhero Challenge if time permits.**

Read the excerpt from "March with Me" in Appendix B and ask students to help the Faithful Five find actions in the real-life event that illustrate forgiveness.

**Below are the instructions for the Time to Create activity – Make a "Spread Love" filter.**

Materials: Coffee filters (one per student), permanent black marker, washable markers, spray bottle filled with water, plastic table cloth

Instructions: Cover the table with a plastic table cloth. Give each student a coffee filter. Use the permanent marker to write “Love Your Enemies” in the middle of the coffee filter. Allow children to decorate the filter with the washable markers. Encourage them to be creative with expressions and symbols of love. Lightly spray the coffee filter with water and watch the colors spread. Remind students that Jesus was our love to spread like the colors to others, including our enemies. Hang the filters so they can dry.

***Close the lesson with prayer.***

Dear God, please give me the strength to make the right choices and help me to love my enemies. In Jesus’ name, Amen

Lesson 9 – July 28, 2019 | Matthew 7: 1-6, 15-23

## Judging and Being Judged

**Get Excited!**

***Below are the instructions for the warm-up activity – Pick a gift.***

Before class, wrap a bunch of small toys like glow bracelets or stickers in brown paper wrap, newspaper or aluminum foil. Also wrap a group of “boring” things like post-it pads or tape in exciting, colorful wrap. During class, ask the children which one they would prefer and then unwrap their selection. Explain that sometimes things are not as they might appear. We often try to make judgments about things without knowing all the details. This can wind up hurting people, including ourselves.

**Scripture Summary**

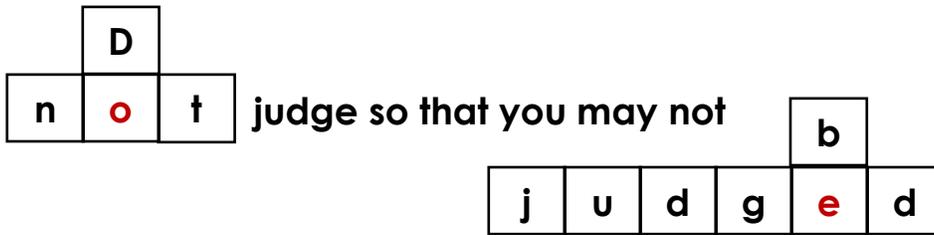
In the Sermon on the Mount, Jesus taught that we shouldn't worry about what others do or don't do. Instead, we should make sure we are doing what is right. Jesus shows that we often make a big deal about other peoples' faults while overlooking our own faults. He says it's like trying to get a speck of dust out of our friend's eye, while we have a huge stick in our own eye. We should take care of our own problems and faults before we tell others how to fix theirs.

### Key Verse Exercise

*Read the verse to remember aloud.*

*Do not judge so that you may not be judged. (Matthew 7:1)*

Tell students to write the missing letters to complete the puzzles in the verse to remember.



### Read and Learn!

*Read Adventures of the Faithful Five: Episode 9 aloud. Review key words.*

#### Adventures of the Faithful Five – Episode 9: The Talent Show

Everyone was excited. Today was the community talent school. It was an **annual** event where everyone would come together, have a great meal, and enjoy the neighborhood talent. It was going to be a lot of fun. There would be dancing, singing, acting and even a local comedian performing. All the Faithful Five were there.

Tori, Taj and Akeem found seats in the front row and were ready for the show. Act after act got on stage and performed. The little girl who lived around the corner, Alexis, was next. She was going to sing. Alexis was **nervous** and began to rock back and forth. She opened her mouth and her voice cracked. Taj and Akeem began to laugh at Alexis. Tori was upset and gave them the eye. Tori told them, “Stop laughing guys. At least she had the courage to stand before the crowd. You two didn’t. We are sitting on the front row. I’m sure Alexis saw you. You probably hurt her feelings.” Taj replied, “You’re right Tori. We shouldn’t have laughed.” Akeem added, “Yeah. I feel bad now. It’s not nice to make fun of anyone. We just learned about judging others in church school. After the show, let’s apologize. Alexis really is a very good singer and I don’t want her to stop singing because we judged her.”

## key words

### annual

occurring once every year

### nervous

worried or slightly frightened

## Rise Up!

**Answers to questions in *What Do You Think* are underlined.**

The Bible teaches us right from wrong. True False

It's fine if I pick on others, because I'm perfect. True False

We should worry more about our behavior than others. True False

### ***Complete the Superhero Challenge if time permits.***

Tell students the Faithful Five want to show what it feels like when they are being judged by other people. Help them by drawing a picture that shows how you feel when you are being judged.

### ***Below are the instructions for the Time to Create activity – Make a mirror.***

Materials: Copies of Mirror Pattern in C (one per student), cardstock paper (various colors), large craft sticks, aluminum foil, stickers, jewels, scissors, glue

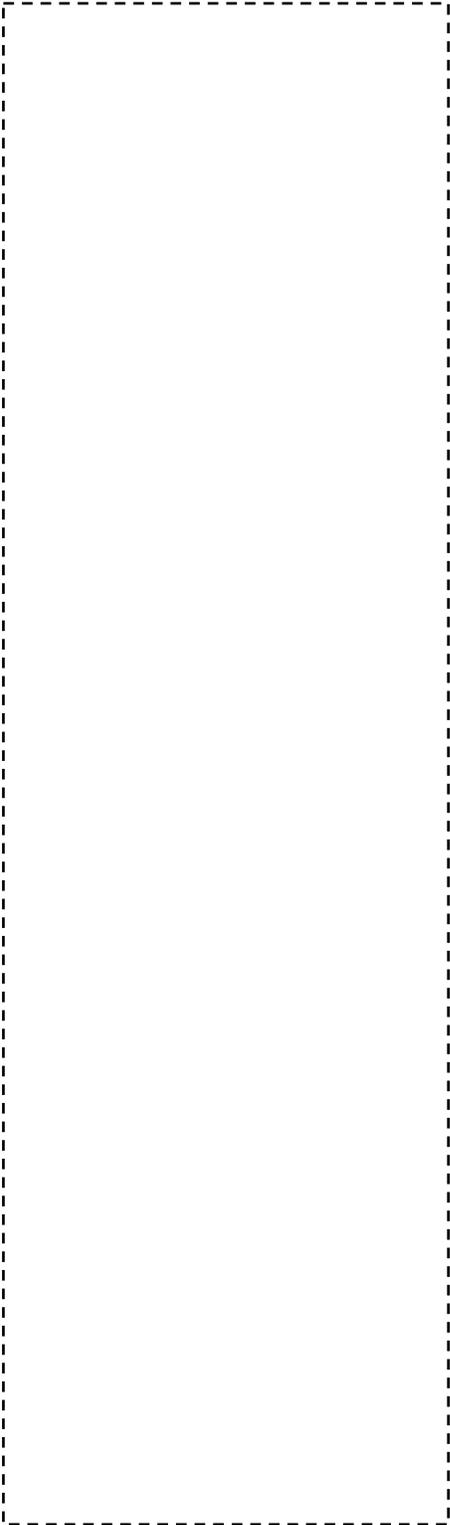
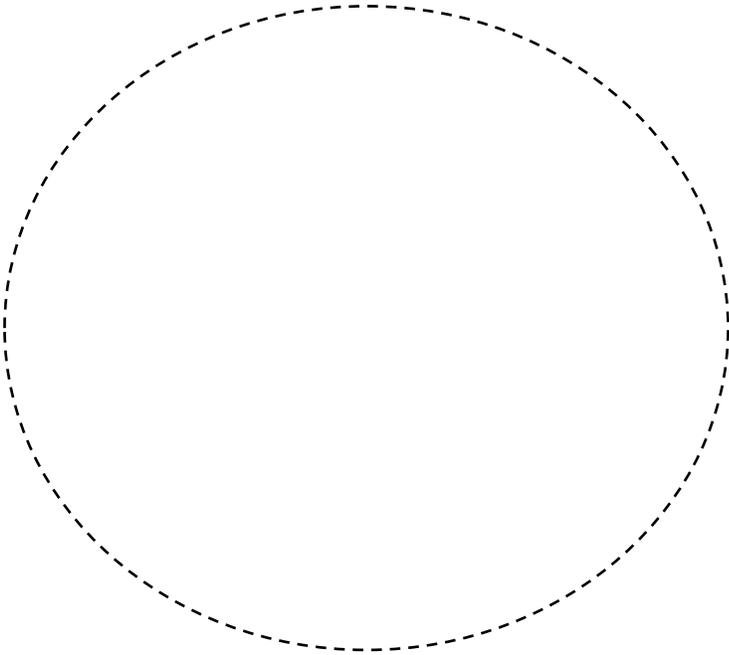


Instructions: Before class, print copies of the Mirror Pattern on various colors of cardstock paper. Allow students to cut out each piece. Wrap the circle with aluminum foil. Make sure the foil is as smooth as possible. Glue the foil-covered circle to the middle of the mirror square as shown in the picture. Decorate the mirror frame with jewels and stickers. Glue the large craft stick to the back of the mirror frame. Remind students we need to look at ourselves first before we try to fix someone else.

### ***Close the lesson with prayer.***

Dear God, help me to not judge anyone, but look at myself first and change myself. In Jesus' name, Amen.

**Appendix A | Big Hug Pattern**



## Appendix B | Excerpt from “March with Me”

*This excerpt comes from March with Me, a novel written by Rosalie T. Turner and published in 2012.*

I can hardly believe what I’m seeing. Young people come from every direction, hundreds and hundreds, swarming toward the church. Excitement shimmers in the air. I don’t think anything can stop us.

We march past houses where many of us live, those small, whitewashed homes with tiny front yards and the even smaller shotgun houses with the peeling paint and drooping steps. We go by the grocery store, the dry cleaners, the juke joint, the café, and there are grown-ups in the doorways, clapping for us, cheering for us, cheering us on.

“Why aren’t they coming too?” I wonder out loud.

Mae glances at me. “Why do you think? If they got jobs, they’re probably working for some white man. You think they could risk marching? No way.”

Sometimes Mae gets things better than I do. Lately, ’cause of the mass meetings at our churches, though, I’m beginning to understand so much. Rev. Bevel would talk to us and make us see all of the wrongs we had assumed were a normal way of life: not being allowed to use the public library; using hand-me-down textbooks thrown out by the white schools, lots of times with bad, racial hate-words penned in them; having to go in a back door to order at a restaurant and take the food outside. I’d always believed my parents when they said they were too busy to go to Kiddieland, the amusement park. Rev. Bevel dared to tell us that we couldn’t enter ’cause of our skin color. When I learned these hard truths I got so mad I felt like I would explode.

“Do you think we’ll have to go to jail?” Mae whispers.

I pause. I can’t imagine what jail is like. “I don’t know. But if we do, it’s gonna be OK. Don’t worry.”

The truth is that my words sound a whole lot braver than I feel. I grasp my hands together so she doesn’t see them trembling.

A hush falls over all of us as Rev. Bevel raises his arm. “It’s D-day, children. Are y’all with me? Are you ready to march?”

He’s talking right to me. His words slam inside me, fill my heart and lungs till I’m bursting, and I have to shout with the others, “Yeah! I’m with you! I’m ready!” I reach up, reach for whatever is ahead.

“Are you ready?” he shouts again.

We roar our agreement, and the sound booms throughout the church. We jump to our feet, clapping and shouting.

“Remember your training. If the police stop you, kneel down and pray. We must be nonviolent. No matter what they do, they cannot stop us.”

Cheers and amens burst in the air. ...

Sam is in the first group out the door, but Mae and I both get bumped toward the back. I don’t care, though, ’cause we’re all part of it, all of us together. My breath’s coming in gasps. My heart, it’s just beating faster, but I feel like everyone’s heart is beating with the same rhythm, everyone’s breath is keeping the same pace. Sure, before we got to the church, I thought about what Mama and Daddy might say, but right now it doesn’t matter. Nothing matters except going forward.

Finally our turn comes. Mae and I march through the church door holding our heads high, smiling and singing.

The police are big, gruff. They push the marchers with their forearms. They raise their nightsticks as if to strike. I watch the kids, who keep smiling and waving, who keep singing. It’s like watching those newsreels of the Nashville sit-ins that Rev. Bevel showed us. Nothing seems like it’s really happening right here in front of me, right here in Birmingham.

“Are they sending them back to school?” I ask.

“No way,” a boy behind me replies. “They’s headed to jail.”

Paddy wagons and buses fill up with protestors, take off, and others come back for more. I am amazed at the enthusiasm of the kids as they're pushed and lifted into the backs of the paddy wagons. They fill the bench seats along the sides, and the police slam and lock the double rear doors. I see the faces of kids, a few I know, through the iron mesh of the back window. Somehow, though, our group gets through, and we go on the few blocks to Woolworth's. ...

Before we left the church, they'd given us these signs to hold up, signs on heavy, white paper. They say things like "Equal Rights Now" and "End Segregation." Mine says "Birmingham Merchants Unfair" and Mae's reads "Civil Rights for All." There are several stern-looking white men standing in front of the doors, arms crossed, barring entrance. We all are holding these signs high now as our spokesman requests that we be served at the lunch counter.

"Y'all go on home," one man says. "You got no business here." I notice the perspiration dripping off his bald head. He pulls out a white handkerchief and mops his brow.

"We only want a Coca-Cola at the counter." Our leader is slim, but he stands straight and firm. His thin face remains expressionless.

"Well, that's not going to happen. We're closed for today. Y'all don't belong here."

Our leader nods at us, and we know what that means. We're supposed to be nonviolent, just say what we want, but not fight for it, so we all fall into a line and begin walking this oval pattern in front of the store, just like Rev. Bevel told us. Someone starts singing, and we all join in, singing softly.

*Woke up this morning with my mind stayed on freedom,*

*Woke up this morning with my mind stayed on freedom,*

*Woke up this morning with my mind stayed on freedom,*

*Hallelujah.*

"Mae." I lean closer toward her so she can hear me. "This walking 'round in circles doesn't accomplish anything. I'm beginning to be mad about the assignment we got. It doesn't seem fair. I'd rather be back in school."

Mae glances back at me. "I agree."

But we keep on walking in that big circle.

I don't know how long we've been picketing Woolworth's. It seems like hours, but I know it's not really that long. Some newspaper people came 'round and took some pictures. Finally, our leader says it's OK to head back to the church.

"I can't believe we weren't arrested," I mutter as we scuff along, our rolled-up signs resting loosely in our arms.

Mae nods. "Yeah, but I'm glad, aren't you?"

"I guess; still—" I sigh.

She looks at me in surprise. "Letitia Robinson, I can't believe you. Do you really want to go to jail?"

"Well, just 'cause everyone else is. I mean, what did we accomplish carrying these signs to Woolworth's? Nothing. We didn't do a thing to help the Movement."

I can see that my words hit home. That must be exactly what Mae was thinking. We walk in silence the rest of the way to the church. Sometimes disappointment just takes your words away. Rev. Bevel himself greets the marchers, shaking hands, patting shoulders. "Good job, good job," he keeps repeating.

"We didn't get in," a girl I don't know tells him, shaking her head sadly.

"Now, you know that doesn't matter. The point is the reporters saw it all. They're gonna tell the rest of America. The day will come when you will get in, and you'll sit at the lunch counter and you will be served. That would never happen if you hadn't gone today. You marched for the Movement, Sister. So, thank you, Brothers and Sisters, thank you."

Appendix C | Mirror Pattern

