

**Beginner Teacher Guide – April 2019**



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# Be Helpful to Others

## Get Excited!

***Below are the instructions for the warm-up activity – Play “Disciple Search.”***

Write the numbers 1 through 12 on large index cards along with the names of the disciples. Each card represents one disciple. Toss the cards up in the air and let them fall to the floor. Ask students to gather the disciples but they must choose them in order from 1 to 12.

1=Simon (Peter), 2=Andrew, 3=James (son of Zebedee), 4=John, 5=Phillip, 6=Bartholomew, 7=Thomas, 8=Matthew, 9=James (son of Alphaeus), 10=Thaddeus, 11=Simon (the Zealot), 12=Judas Iscariot

## Scripture Summary

Jesus gave twelve of his disciples the power to heal the sick, raise the dead and kick out evil spirits. The twelve disciples he sent to do this job were: Simon (Peter), Andrew, James (son of Zebedee), John, Philip, Bartholomew, Thomas, Matthew, James (son of Alphaeus), Thaddeus, Simon (the Zealot) and Judas Iscariot. Jesus told them to travel light. The disciples were to rely on the hospitality of others for food to eat and places to sleep.

## Key Verse Exercise

**Read the verse to remember aloud.**

***Jesus summoned his twelve disciples and gave them authority to cure every disease and every sickness. (Matthew 10:1)***

Tell students to circle every “s” in the verse to remember. (Words that have an “s”: Jesus, summons, his, disciples, disease, sickness)

## Read and Learn!

***Read Adventures of the Faithful Five: Episode 6 aloud. Review key words.***

### **Adventures of the Faithful Five - Episode 6: Giving to Others**

When all the Faithful Five arrived at church Ashanti asked, “You guys how can we start a food drive to give Easter baskets to families in need? I have some money in my piggy bank to buy food, but I know it's not enough.” Zakiyah said, “I get an allowance every week. We can use that too.” Nevaeh looked at her friends and said “We could put all our money together, but it still would not be enough. My mom always tells me food costs a lot of money. That’s why some people have **food insecurity**.” Feeling a little frustrated, Ashanti said, “I know! So what are we going to do?” Mekhai thought of a great idea. “Why don't we ask our church members to donate **non-perishable food**?” he asked. “First we go to the pastor and tell him what we want to do. Then we tell him what we need. After that we ask him if the church can help us.” The Faithful Five agreed with the idea and went to the pastor’s office to see if he was available to speak with them. The door was open, so Ashanti peeped her head in the office and said, “Pastor we’d like to ask your help with something.” The pastor replied, “Okay. Come on in. We have a few minutes before the service. How can I help you?” Ashanti explained, “We want to have a food drive for the people in need in our community. Since Easter is coming we want to give them baskets with food in it, but we need the church to help with food donations.” The pastor smiled and said, “Wow, that's pretty awesome. I will let you make your **appeal** during service for the next two Sundays. This is a wonderful way for us to help others.” “Thank you, pastor!” the Faithful Five joyfully replied. Then they went to tell their parents the good news.

**Rise Up!**

**Answers to questions in What Do You Think are underlined.**

What kinds of power did Jesus give to twelve of his disciples? Powers to heal the sick, raise the dead, and kick out evil spirits

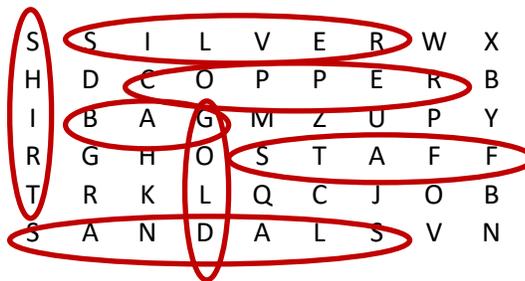
Did the disciples use money for food to eat or places to sleep? No. They had to rely on the hospitality of others.

How did the Faithful Five want to help others? They had a food drive to help families with food insecurity.

**Complete the Superhero Challenge if time permits.**

Read Matthew 10:5-14 in the NIV bible to highlight the instructions Jesus gave the disciples when he sent them out. Then project the word search on a large screen or draw the word search on a flip chart to show students where each word. Ask students to circle each word to help the Faithful Five find the things Jesus told the disciples not to bring on their journeys so they could travel light.

*“Do not get any gold or silver or copper to take with you in your belts – no bag for the journey or extra shirt or sandals or a staff, for the worker is worth his keep.”*



**Below are the instructions for the Time to Create activity – Make a Helping Story Wheel.**

Materials needed: Copies of the Story Wheel Template in Appendix A (one cover and wheel per student), metal brads, scissors, pencils, markers or crayons

Instructions: Distribute a blank story template and brad to each student. Cut out the story wheel patterns. Be sure to also cut along the dotted lines on the story wheel cover to leave an open triangular reading space. Allow students to depict a time they helped others with pictures or words on the story wheel. Encourage students to be creative as they color the story wheel cover. Use the brad to fasten the center of the story wheel cover to the center of the story wheel. Make sure the fastener is loose enough to turn the story wheel.

**Close the lesson with prayer.**

Lord, thank you for the power we have as disciples. Help us to always be concerned about the needs of others. In Jesus’ name we pray, Amen.

# Be Kind to Others

## Get Excited!

***Below are the instructions for the warm-up activity – Play “Great Wind Blows.”***

Arrange chairs in a circle, facing the middle. Have one chair less than the number of students. Select a volunteer to stand in the middle. The student in the middle says, “The big wind blows for everyone who has [name an act of kindness].” Everyone who has done the act of kindness before stands up and tries to find another seat along with the student standing in the middle. The student left standing, stays in the middle and calls the next act of kindness. Limit the activity time to five minutes.

## Scripture Summary

The disciples were upset because a woman came up to Jesus while he was eating dinner and anointed him with very expensive perfume. They felt the perfume should have been sold so they could use the money from the sale to give to the poor. Jesus told the disciples the woman did a good thing. She was preparing his body for burial and the whole world would remember the good thing she did.

## Key Verse Exercise

***Read the verse to remember aloud.***

***Jesus said to them [the woman] has performed a good service for me. (Matthew 26:10)***

Tell students to circle every “m” in the verse to remember. (Words that have an “m”: them, woman, performed, me)

## Read and Learn!

***Read Adventures of the Faithful Five: Episode 7 aloud. Review key words.***

### **Adventures of the Faithful Five - Episode 7: Show and Tell**

Ashanti was feeling nervous about the show-and-tell she had to do today at school. “Calm down Ashanti. It's going to be okay,” said her classmate, Jazmine. When all the students were in the classroom, Miss Wright greeted them. “Good morning boys and girls!” The class replied in unison, “Good morning Miss Wright!” Miss Wright turned to Ashanti and said, “Are you ready?” Ashanti responded, “Yes ma’am.” Then Miss Wright asked the class to give Ashanti their **undivided attention** as she presented her show-and-tell. Like other students that presented before her, Ashanti had to “tell” a story about a **role model** who demonstrates kindness. While she was telling the story, she was to “show” the role model. The other students used a photo of their role models. Ashanti had something else in mind.

“Alright, Ashanti. Show us your role model,” said Miss Wright. Ashanti replied, “My role model is here in person. It's Jazmine.”

“What!” exclaimed Jazmine. Miss Wright asked Jazmine to stand next to Ashanti in the front of the class. Now she was feeling nervous. But she calmed down when her classmates clapped for her as she walked to the front. Then Ashanti asked Jazmine a few questions to show why she chose her as a role model for kindness.

Ashanti- When we talk about kindness, we are talking about being nice to someone. Jazmine what should we say when someone hands you something?

Jazmine- Thank you.

Ashanti- Correct! When you are going through a door and someone is coming, what should you do?

Jazmine- Hold the door for that person.

Ashanti- Correct! When you need to get past someone, what should you do?

Jazmine- Say excuse me.

Ashanti- Correct! If you bump into someone accidentally, what should you do?

Jazmine- Say I'm sorry. Please forgive me. It was an accident.

Ashanti- Correct! It is so many ways to show kindness. Being kind to someone is one of the easiest things to do. There is never a good reason to be unkind. So be kind to someone today! Thank you.

Miss Wright praised Ashanti and Jazmine for the show-and-tell. The class also gave them a round of applause and **pledged** to show kindness.

### Rise Up!

**Answers to questions in What Do You Think are underlined.**

Why were the disciples upset with the woman? They felt the perfume she used on Jesus could have been sold for money.

Was Jesus upset too? Yes **No**

Why did Ashanti select Jazmine as her role model for kindness? Jazmine knew how to use kind words.

### Complete the Superhero Challenge if time permits.

Tell students the Faithful Five want to write a prayer of thanksgiving. Help them by saying a prayer to thank Jesus for his sacrifice. Students can pray the prayer as a large group, in small groups, or individually.

### Below are the instructions for the Time to Create activity – Make a Billboard Hat.

Materials needed: Copies of the Kindness Message in Appendix B (one message per student), paper plates (in various colors), scissors, markers or crayons, glue

Instructions: Distribute a kindness message and paper plate to each student. Allow students to color the kindness message. Fold the paper plate in half. Cut away the rim. Draw a rectangle along the fold as shown in the illustration. Cut the short sides of the rectangle. Open the plate to cut the right side of the square. Make a fold along the left side of the square. The square should stand up like a sign or billboard. Glue the kindness message to the front of the square. Allow the glue to dry before wearing the hat.



### Close the lesson with prayer.

Lord, help us to kind every day. In Jesus' name we pray, Amen.

# Share Good News with Others

## Get Excited!

***Below are the instructions for the warm-up activity – Play “Share the Good News.”***

This game is played like “Operator.” Whisper “Jesus is alive” in the ear of one student. Ask each student to share the message by whispering it in the ear of the classmate next to them. The last student to receive the message is to share it aloud with the class. Emphasize how Christians are to share the good news with others by telling them about Jesus.

## Scripture Summary

Mary Magdalene and the other Mary went to visit Jesus’ tomb. Suddenly the earth shook as an angel came from heaven and rolled back the stone in front of the tomb. The security guards were so scared they could not move. The angel told the women that Jesus was risen from the dead just as he said he would be. The angel also told the women to tell the disciples that Jesus is alive and will meet them when they arrive in Galilee.

## Key Verse Exercise

***Read the verse to remember aloud.***

***Jesus said to [the women], “Do not be afraid, go and tell my brothers to go to Galilee. (Matthew 28:10)***

Tell students to circle every “g” in the verse to remember. (Words that have a “g”: go, Galilee)

## Read and Learn!

***Read Adventures of the Faithful Five: Episode 8 aloud. Review key words.***

### **Adventures of the Faithful Five - Episode 8: The Resurrection**

Today is Resurrection Sunday! The Faithful Five are performing in the church school play to tell the Resurrection story.

Ashanti - As you know they **crucified** Jesus. They hung him on a cross and tortured him. Jesus finally died on the cross. When He died an earthquake came and shook up everything. People were afraid! When evening came, a man named Joseph asked for the body of Jesus. The Roman Governor, Pilate, gave it to him. Joseph took the body of Jesus and wrapped him in clean linen cloth and put the body in a tomb.

Mekhai - Joseph rolled a big stone in front of the entrance and went away. Mary Magdalene and the other Mary were sitting across from the tomb. The next day, Pilate put a guard in front of the tomb to make sure no one could go in or out.

Nevaeh - He also put a seal on the stone. After the Sabbath Day, which was the first day of the week, Mary Magdalene and the other Mary went to look in the tomb.

Zakiyah - There was a terrible earthquake when an angel of the Lord had come down from heaven. The angel went to the tomb, rolled back the stone and sat on it. The guards were so afraid they could not move. The angel said to the women,

Jahari – “Don't be afraid. Jesus is not here. He has risen! See where He laid. He has risen! Go tell the disciples”.

Zakiyah - The women were filled with joy and ran to tell the disciples Jesus was on his way to Galilee and they would see him there.

Ashanti - You see, Jesus died and rose from the dead. This is what the **Resurrection** is. It means to live again! Share the Good News.

Faithful Five – Jesus is alive!

### **Rise Up!**

**Answers to questions in *What Do You Think* are underlined.**

Why were the guards afraid? There was a terrible earthquake when the angel rolled back the stone in front of Jesus' tomb

What did the angel tell the women? Don't be afraid because Jesus is risen

What is the Good News? Jesus is alive

**Complete the Superhero Challenge if time permits.**

Tell students the Faithful Five want to make a mini-movie about the day the angel rolled the stone away. Help them by acting out Matthew 28:1-25. (You will narrate the story.)

**Below are the instructions for the Time to Create activity – Make a cross necklace.**

Materials needed: He Lives Necklace Craft Kit (order from <https://www.orientaltrading.com/he-lives-necklace-craft-kit-a2-13779169.fltr>)

Instructions: Distribute the craft supplies to each student as specified in the craft kit instructions. Then assemble the necklace in accordance with the craft kit instructions. (Optional: Play the YouTube video “1-2-3 Jesus Is Alive” - <https://www.youtube.com/watch?v=Mlf9jv4pVTM> - while students work on their necklaces.) Encourage students to wear their necklaces the entire day.

**Close the lesson with prayer.**

Lord, thank you for Jesus. We promise to share the good news that Jesus is alive. In Jesus' name we pray, Amen.

# Going on a Mission

## Get Excited!

***Below are the instructions for the warm-up activity – Have a discussion on God’s presence.***

Ask students to share how they know God is with them. If students have trouble expressing themselves, ask them to think about the times when they feel brave or very happy or like they are not alone even when no one else is in the room. Limit the discussion to five minutes.

## Scripture Summary

When the disciples saw Jesus in Galilee after he rose from the dead, some of them worshiped him, but some did not believe it was really him. Jesus still commanded all of them to teach people in all nations how to be a disciple. They were also to baptize them in the name of the Father, the Son and the Holy Spirit.

## Key Verse Exercise

***Read the verse to remember aloud.***

***“Go therefore and make disciples of all nations. And remember, I am with you always.” (Matthew 28:19-20)***

Tell students to circle every “r” in the verse to remember. (Words that have an “r”: therefore, remember)

## Read and Learn!

***Read Adventures of the Faithful Five: Episode 9 aloud. Review key words.***

### **Adventures of the Faithful Five - Episode 9: Israel Learns a Lesson**

Ashanti was feeling nervous again about another show-and-tell she had to do. This time it was in church school. Sometimes when Ashanti felt nervous, she also felt the **urgency** to use the bathroom. This was one of those times. “Ashanti it’s time to go. Where are you” asked Ashanti’s mother. “Mom I’m in the bathroom! I’ll be right down,” Ashanti replied. “Okay hurry up so we can get to church. I know you may feel a little nervous, but you are prepared to do your show-and-tell. There’s no need to worry,” his mother **assured** him. Ashanti saw Nevaeh as her mother was pulling into the church parking lot. “Nevaeh wait for me!” she yelled out the window. When Ashanti caught up to Nevaeh she asked her, “Will you be my role model during show-and-tell?” Nevaeh was surprised by Ashanti’s request so she replied, “Why me?” Ashanti said, “I am talking about obedience and I know no one knows God’s commandments like you do.” Nevaeh agreed to be Ashanti’s role model for the show-and-tell.

Mrs. Davis, the church school teacher, greeted the class and asked Ashanti to start her presentation. Ashanti and Nevaeh went to the front of the class. Ashanti used the same **strategy** she used in school by asking Nevaeh a few questions to show why she chose her as a role model for obedience.

Ashanti - Nevaeh how can we obey God?

Nevaeh- We can obey God by following the Ten Commandments.

Ashanti - Correct! But we can’t follow them unless we know them. Can you name five of the commandments?

Nevaeh - Yes, I can! Do not steal. Do not lie. Do not use the Lord’s name in vain. Honor your parents. And most importantly, know that God is our one and only God.

Ashanti - Correct! I messed up with one of the commandments this morning. I did not obey my mom. She asked me to take out the trash and I didn't. I was watching my favorite television show and forgot to do it. I took the trash out immediately when she asked me the second time, but our parents should only have to ask us one time to do anything and we should do what we are asked at that moment, not when we feel like it. Thank you.

Mrs. Davis thanked Ashanti and Nevaeh for the presentation. Before dismissing the class she said, "Remember boys and girls obeying your parents gives you practice for obeying God. Also remember God is always present to help you do the things he wants you to do."

### Rise Up!

**Answers to questions in What Do You Think are underlined.**

Did all the disciples believe Jesus rose from the dead? No

What did Jesus command the disciples to do? Teach people in all nations how to be a disciple

What gives you practice for obeying God? Obeying your parents

### Complete the Superhero Challenge if time permits.

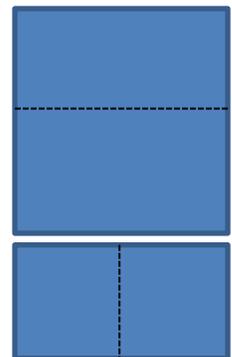
Ask students to help the Faithful Five point out what the song in the YouTube video says about God's presence ("TNT Praise Dancers – The Presence of the Lord is Here" <https://www.youtube.com/watch?v=utc7qJqlxDU>).

### Below are the instructions for the Time to Create activity – Make a passport.

Materials needed: Copies of the Passport Template in Appendix C (one per student), blue card stock paper, blank white paper, markers or crayons, scissors, glue sticks, stapler

Instructions: Before class, fold the blue card stock horizontally and cut along the fold. Fold each piece of cut cardstock in half. One piece of card stock will create two passports. Cut as many pieces of cardstock needed to create one passport per student.

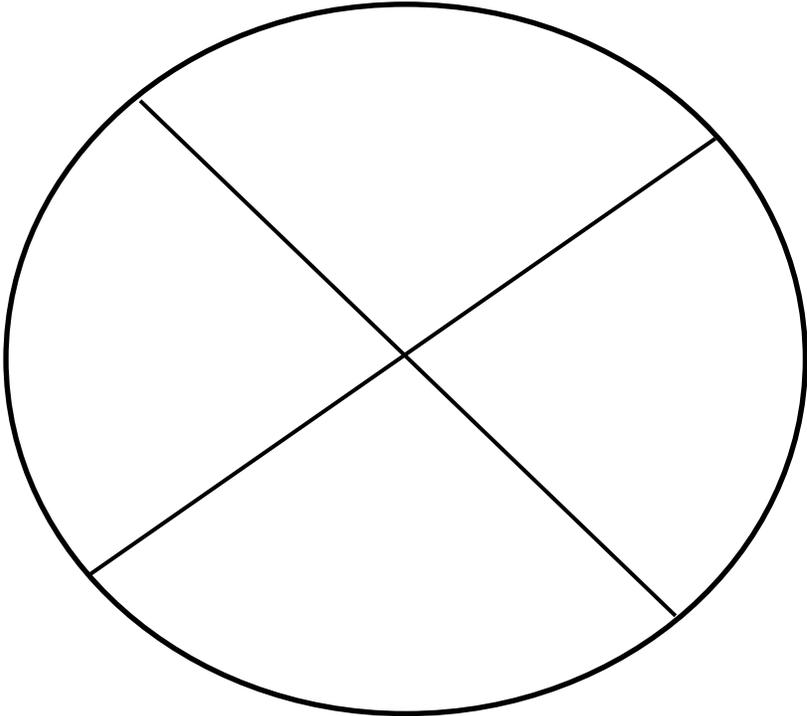
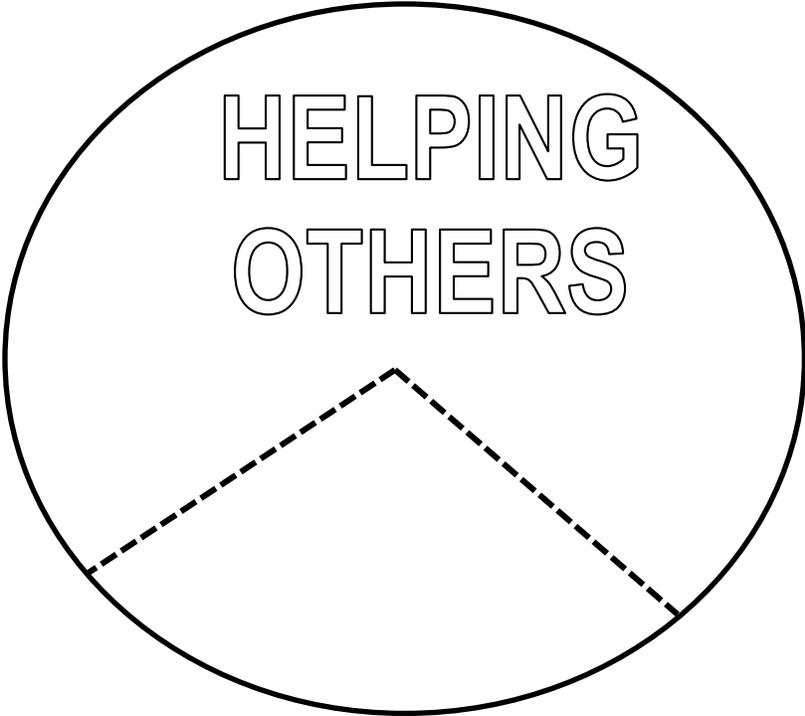
During class give each student a copy of the Passport Template and a blank sheet of white paper. Cut all pieces in the template along the dotted lines. Fold the blank sheet of paper horizontally and cut along the fold. Fold each piece of cut paper in half. Place the folded white pages inside the blue cardstock and staple along the center fold to create the passport book.



Lay the passport book horizontally. Glue the star to the front of the passport book. Next glue the personal information cutout to the first page. Student should fill in the blanks and draw a picture of themselves. Then glue the passport stamps on each of the remaining pages inside the passport book. Encourage students to write different places the disciples went in the passport stamps. They can also write the places they can go to let others know about Jesus. (Optional : Students can just write the beginning sounds of words and places in the passport stamps or draw pictures.)

### Close the lesson with prayer.

Lord, thank you for being with us when we do the work you ask us to do. Help us understand how our obedience helps to build your Kingdom. In Jesus' name we pray, Amen.



take time  
to be kind

Appendix C | Passport Template



Discipleship Mission Passport Card

Name: \_\_\_\_\_

Church: \_\_\_\_\_

Became a disciple on: \_\_\_\_\_

